### PARENT WORKSHOP

# **Monday 15<sup>th</sup> August** 6:30 – 8:30



We are pleased to invite you to this workshop. It has been designed to teach parents the content of the internationally acclaimed Protective behaviours Child Safety Program to increase your child's personal safety. You will be provided with practical tips and the ten topics of Protective Behaviours presented in a way that helps you raise the issue of personal safety in a non-threatening or non-sexual way with your child.

There are many ways of talking to children about their personal safety and when we do so, it is important that we do not scare them, or leave them feeling unsafe, afraid or disempowered. Protective Behaviours provides children with strategies to keep themselves safe and cope with situations that threaten their well being such as bullying, child abuse & domestic violence. The program empowers the individual with the right to feel safe and sets out ways in which they can gain the appropriate help when they are not feeling safe.

### Workshop Goals:

- To provide parents with a basic understanding of child sexual abuse and other unsafe situations
- To provide specific personal safety training skills, techniques and examples to use with your children
- 3. To lesson your anxiety about your children's safety, so you can allow them the freedom of movement they need as they grow up.

#### **Presented by:**



## \$10 PER TICKET

There are limited spaces available and a maximum of two tickets will be issued per family. Tickets can be purchased at the office. We will this event, please make alternative